



CTOT

CONSTRUCTION TRUCK OPERATOR TRAINING



The Minnesota Safety Council is proud to partner with industry leaders to promote the safe, legal and professional operation of construction trucks by providing high quality training. The Construction Truck Operators Training (CTOT) and commercial motor vehicle programs help truck operators and companies reduce the costs of operation associated with citations, fines and down time that can result from unsafe driving behaviors and improperly maintained vehicles.

Defensive Driving Hands-On

This training program will emphasize the essential skills necessary for staying safe on the road while operating a vehicle (car, truck, van or commercial motor vehicle.) It is designed to help drivers understand the basic driving techniques that will help them develop the skills and attitude necessary to safely operate. Specifically, it covers the importance of defensive driving and knowing how to safely maneuver through turns, intersections, residential driving, while merging and passing, and while monitoring mirrors. The program also covers how your driving techniques should change when driving at night or in extreme weather conditions.

HANDS-ON TOPICS COVERED:

Walk around inspections, how to open the hood, check and add oil, fuel, windshield washer fluid, check tire pressure, marker lights, brakes, etc.

BEHIND-THE-WHEEL TRAINING:

- Evasive Maneuvering and Crash Avoidance
- Vehicle Dynamics and Individual Reaction Time
- Panic, Threshold, and Control Braking
- Backing Techniques

WHAT DO YOU NEED TO HOST THIS TRAINING?

Vehicles and a large enough parking lot or space for behind-the-wheel.

New Driver Orientation for the Construction Industry (2-hours)

Orientation is the first step in a successful driver training program. Driver orientation covers all aspects of the driving job. Even when a company hires an experienced driver from another company or from a driver training school, that employee still needs to learn company policies, procedures, and safety regulations.

ORIENTATION OBJECTIVES:

- To make the new employee productive quickly
- To avoid accidents which injure employees
- To avoid accidents or errors which have a negative impact on customer relations

TOPICS COVERED:

- Driver Rules
- Maintenance
- Hours of Service
- Load Securement
- Roadside Inspection
- State Laws
- Driver's License
- Registration

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MINNESOTA SAFETY COUNCIL
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Professional Truck Driver (2-hours)

This class is recommended for all drivers.

TOPICS COVERED:

Lessons learned from crashes involving commercial vehicles and factors that influence them:

- Texting and Cell Phone Use
- Aggressive Driving/Road Rage
- Night Time Driving
- Severe Weather Driving
- Target Fixation and Tunneling
- Disciplined Attention (how to improve your driving skills with your eyes)
- Criminal Civil and Administrative Repercussions That May Result for CMV Crashes
- Backing and Parking
- Lane Change and Use of Mirrors



CMV Regulations for Large and Small Trucks (2-hours)

This course is recommended for any company, municipality, county or agency with multiple vehicles, some of which require a CDL and some that don't. It includes safety regulations for both interstate operations and those within Minnesota (Intrastate). This class will be customized to fit customer needs.

TOPICS COVERED:

- Cell/Texting Prohibition
- Alcohol Use & Transportation
- Radar Detectors
- Non-commercial Registration
- Hours of Service
- Annual Inspection
- Maintenance
- Materials of the Trade
- Vehicle Marking
- Trailer Brakes
- Driver Qualifications
- Intrastate Operation



Flagging and Work Zone Safety (2-hours)

This class is a must for any company or municipality whose operations affect the motoring public. It will cover the latest Minnesota Department of Transportation's approved flagging techniques and procedures designed to protect work areas where flagging traffic is mandatory. It will include flagging traffic control layouts, proper hand signals, flagger obligations, and helpful flagging technique tips. The basics of traffic control for work zones will be covered. Traffic control layouts, guidelines and legalities based on the MnDOT field manual for traffic control will be presented and discussed.

Load Securement (2- or 4-hours)

This interactive hands-on* course provides load securement training to drivers involved in the hauling of a variety of cargo. This class features updated Minnesota and Federal laws regarding proper securement methods and devices. It can be customized to address specific types of cargo.

**Hands-on training is weather permitting unless scheduled at an inside location.*

Roadside Inspection (2-hours)

This class prepares construction truck operators for what to expect during a Level 1 roadside inspection in Minnesota. Operators will learn the essentials of the North American Standard Level 1 roadside inspection procedures and what constitutes Out-Of-Service (OOS) violations according to the Federal Motor Carrier Safety Regulations (FMCSR), which are detailed by the Commercial Safety Vehicle Alliance (CVSA) and enforced by Minnesota State Patrol. Instructional materials will include video demonstrations of Level 1 roadside inspections of tractor trailers, large and small dump trucks and straight trucks.

**Hands-on demonstration is provided.*

**Hands-on training is weather permitting unless scheduled at an inside location.*

Courses can be customized to fit your organization's training needs. To schedule a training course or for questions, contact Lisa Kons:

2-HOUR PROGRAM FEE: \$775*

**Plus travel and lodging if needed*

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